

New River College – PSHE curriculum maps 2018-19

Year 10

Half term	Autumn HT1	Autumn HT2	Spring HT1	Spring HT2	Summer HT1	Summer HT2
Theme	Living in the wider world Planning for my future	Health and wellbeing Drugs Education	Relationships Relationships and Sex Education	Relationships Language matters	Health and wellbeing Emotional and mental wellbeing	Living in the wider world Managing my money/ Enterprise project
National curriculum links*	L1, L10-L19	H6, H15-H17, R18, R29	H6, H9, R2, R3, R5-R9, R12, R14-R26, R29, L8	R13, R17, L2, L6, L7, L9	H1-H6, H10, R1	L20-L22
PSHE planning toolkit links**	<ul style="list-style-type: none"> Understanding careers and future aspirations (9H,I) Peer pressure, assertiveness and risk, gang crime (9A,B,C) 	<ul style="list-style-type: none"> Evaluating the social and emotional risks of drug use (10M,N,O) 	<ul style="list-style-type: none"> Tackling relationship myths and expectations (10H,I) Managing romantic challenges including break ups (10J,K) Introduction to contraception including condom and the pill (8R) Relationships and sex education including healthy relationships and consent (9T,U) The risks of STIs, sexting and 	<ul style="list-style-type: none"> Rights and responsibilities in the community, including challenging age and disability discrimination (8F) Tackling racism and religious discrimination, promoting human rights (8G,H,I) Tackling homophobia, transphobia and sexism (9M,N,O) 	<ul style="list-style-type: none"> Mental health and ill health, tackling stigma (10C,D,E) Managing change, grief and bereavement (10S) Mental health and emotional wellbeing, including body image (8L,M) Dieting, lifestyle balance and unhealthy coping strategies (9D,E,F,G) 	<ul style="list-style-type: none"> Understanding the causes and effects of debt (10F) Understanding the risks associated with gambling (10G)

			<i>pornography (9V,W,X,Y)</i>			
Project work	Up-to-date Unifrog account and CV	Peer education guide/ display	Peer education guide/ display Relationship manifesto	Awareness-raising campaign materials	Personal targets and action plan	Enterprise project

Year 11

Half term	Autumn HT1	Autumn HT2	Spring HT1	Spring HT2	Summer HT1	Summer HT2
Theme	Living in the wider world Planning for my future	Relationships Relationships and Sex Education	Health and wellbeing Drugs Education	Relationships Language matters	Health and wellbeing Emotional and mental wellbeing	
National curriculum links*	L1, L10-L19	H6, H9, R2, R3, R5-R9, R12, R14-R26, R29, L8	H6, H15-H17, R18, R29	R13, R17, L2, L6, L7, L9	H1-H6, H10, R1, L12	
PSHE planning toolkit links**	<ul style="list-style-type: none"> Understanding the college application process and plans beyond schools (11E,F) Skills for employment and career progression (11G,H,I) 	<ul style="list-style-type: none"> Personal values and assertive communication in relationships (11J,K) Tackling domestic abuse and forced marriage (11L,M) Tackling relationship myths and expectations (10H,I) Introduction to contraception 	<ul style="list-style-type: none"> Evaluating the social and emotional risks of drug use (10M,N,O) 	<ul style="list-style-type: none"> Rights and responsibilities in the community, including challenging age and disability discrimination (8F) Tackling racism and religious discrimination, promoting human rights (8G,H,I) Tackling homophobia, 	<ul style="list-style-type: none"> Promoting self-esteem and coping with stress (11A,B) Learning and revision skills to maximise potential (11C,D) Health and wellbeing in independent contexts 	

		<i>including condom and the pill (8R)</i> <ul style="list-style-type: none"> • <i>Relationships and sex education including healthy relationships and consent (9T,U)</i> • <i>The risks of STIs, sexting and pornography (9V,W,X,Y)</i> 		<i>transphobia and sexism (9M,N,O)</i>		
Project work	Up-to-date Unifrog account, CV and careers interview preparation	Peer education guide/ display Relationship manifesto	Peer education guide/ display	Awareness-raising campaign materials	Personal targets and action plan	

*PSHE Education programme of study: https://www.pshe-association.org.uk/system/files/PSHE%20Education%20Programme%20of%20Study%20%28Key%20stage%201-5%29%20Jan%202017_2.pdf

**PSHE Education Planning Toolkit: <T:\Lough road 2018-19\Foundation subjects\PSHE\Planning tools>