

New River College – PSHE curriculum maps 2018-19

KS3

Half term	Autumn HT1	Autumn HT2	Spring HT1	Spring HT2	Summer HT1	Summer HT2
Theme	Health and wellbeing Emotional and mental wellbeing	Health and wellbeing Drugs Education 1 (3 lessons) Relationships Relationships and Sex Education 1 (3 lessons)	Relationships Language matters	Health and wellbeing Drugs Education 2 (3 lessons) Relationships Relationships and Sex Education 2 (3 lessons)	Living in the wider world Planning for my future	Living in the wider world Managing my money/ Enterprise project
National curriculum links*	H1-H6, H18	H20, H24-H31, R30-R32 H7, H8, H11, H12, R1-R8, R13-R23, R25, R27, R29, R30, R36-R38	H19, R24, R25, R27, R28, L3, L4	H20, H24-H31, R30-R32 H7, H8, H11, H12, R1-R8, R13-R23, R25, R27, R29, R30, R36-R38	L1, L2, L7-L15	L15, L16, L18-L20
PSHE planning toolkit links**	<ul style="list-style-type: none"> Mental health and emotional wellbeing, including body image (8L,M) Managing change and loss (8N,O) Dieting, lifestyle balance and unhealthy coping strategies (9D,E,F,G) 	<ul style="list-style-type: none"> The risks of alcohol, tobacco and other substances (7Q,R,S) Alcohol and drug misuse and managing peer influence (8C,D,E) Managing peer pressure in 	<ul style="list-style-type: none"> Diversity, prejudice and bullying (7J,K,L) Rights and responsibilities in the community, including challenging age and disability discrimination (8F) Tackling racism and religious 	<ul style="list-style-type: none"> Assessing the risks of drug and alcohol abuse and addiction (9Q,R,S) Introduction to sexuality and consent (8P,Q) Introduction to contraception including condom and the pill (8R) 	<ul style="list-style-type: none"> Introduction to careers (7F,G) Challenging career stereotypes and raising aspirations (7H,I) Peer pressure, assertiveness and risk, gang crime (9A,B,C) 	<ul style="list-style-type: none"> Enterprise skills (7F,G) Making ethical financial decisions (7Z) Saving, spending and budgeting our money (7AA) Evaluating value for money in services (8S)

		<p>relation to illicit substances (9P)</p> <ul style="list-style-type: none"> Managing puberty (7T,U,V) Self-esteem and romance (7W,X) Relationships and sex education including healthy relationships and consent (9T,U) 	<p>discrimination, promoting human rights (8G,H,I)</p> <ul style="list-style-type: none"> Tackling homophobia, transphobia and sexism (9M,N,O) 	<ul style="list-style-type: none"> Relationships and sex education including healthy relationships and consent (9T,U) The risks of STIs, sexting and pornography (9V,W,X,Y) 	<ul style="list-style-type: none"> Understanding careers and future aspirations (9H,I) Identifying learning strengths and setting goals as part of the GCSE options process (9J) 	<ul style="list-style-type: none"> Risks and consequences making financial decisions (8T) Planning and carrying out an enterprise project (9AA)
Project work	Personal targets and action plan	Peer education guide/ display	Awareness-raising campaign materials	Peer education guide/ display	Up-to-date Unifrog account	Enterprise project

*PSHE Education programme of study: https://www.pshe-association.org.uk/system/files/PSHE%20Education%20Programme%20of%20Study%20%28Key%20stage%201-5%29%20Jan%202017_2.pdf

**PSHE Education Planning Toolkit: <T:\Lough road 2018-19\Foundation subjects\PSHE\Planning tools>