

<p>Autumn 1 HT1 <u>Chicken from Around the World & Black History Month</u> 7 weeks</p>	<p>Autumn 1 HT2 <u>Small Bites & Sweet Treats</u> 6 weeks</p>	<p>Spring 2 HT3 <u>Chicken from Around the World</u> 8 weeks</p>	<p>Spring 2 HT4 <u>Small Bites & Sweet Treats</u> 6 weeks</p>	<p>Summer 1 HT5 <u>Healthy Eating</u> 5 weeks</p>	<p>Summer 2 HT 6 <u>Healthy Eating</u> 7 weeks</p>
<p>Skills & Knowledge</p> <ul style="list-style-type: none"> • Health, Hygiene & Safety • Knife Safety • Meat Safety • Marinating Meat • Preparing fruit & vegetables • Use of the cooker • Use of equipment • Cooking methods • Sauce making • Black History 	<p>Skills & Knowledge</p> <ul style="list-style-type: none"> • Health & Safety in the kitchen • General practical skills • Knife skills • Preparing fruit & vegetables • Use of the cooker • Use of equipment • Cooking methods • Pastry methods • Dough methods 	<p>Skills & Knowledge</p> <ul style="list-style-type: none"> • Reading a food label • General practical skills • Knife skills • Preparing fruit & vegetables • Use of the cooker • Use of equipment • Cooking methods • Sauce making 	<p>Skills & Knowledge</p> <ul style="list-style-type: none"> • Health & Safety in the kitchen • General practical skills • Knife skills • Preparing fruit & vegetables • Use of the cooker • Use of equipment • Cooking methods • Pastry methods • Dough methods 	<p>Skills & Knowledge</p> <ul style="list-style-type: none"> • Health & Safety in the kitchen • General practical skills • Knife skills • Preparing fruit & vegetables • Use of the cooker • Use of equipment • Cooking methods • Healthy eating plate • Fat v’s sugar 	<p>Skills & Knowledge</p> <ul style="list-style-type: none"> • Health & Safety in the kitchen • General practical skills • Knife skills • Preparing fruit & vegetables • Use of the cooker • Use of equipment • Cooking methods • Healthy eating plate • Fat v’s sugar
<p>Recipes</p> <ul style="list-style-type: none"> • Crispy American Chicken • Lebanese Chicken Wraps • South African Chutney Chicken • Jollof Rice with Chicken • Jerk Chicken and rice • Moroccan Chicken with Couscous • Chicken Tagine 	<p>Recipes</p> <ul style="list-style-type: none"> • Sausage Rolls • Individual Fruit Pies • Spicy Minced Lamb Flatbreads • Warm Honey Cup Puddings • Mini Quiches • Scones – sweet/savoury 	<p>Recipes</p> <ul style="list-style-type: none"> • Spanish Chicken • Italian Stuffed Chicken • French style Chicken with peas and bacon (optional) • Thai chicken with sweet chilli sauce • Sticky Chinese Chicken Traybake • Mexican Chicken Stew • Roast Chicken and Gravy 	<p>Recipes</p> <ul style="list-style-type: none"> • Pasties • Bramley & Blackberry Pie • Mini Chicken Pie • Mango & Passion Fruit Roulade • Vol-au-vents • Hot Cross Buns 	<p>Recipes</p> <ul style="list-style-type: none"> • Smoothies • Greek salad • Super healthy salmon burgers • Turkey meatballs • Asian chicken rice balls & broth 	<p>Recipes</p> <ul style="list-style-type: none"> • Healthier flapjacks • Mini super fruit wraps • Strawberry buckwheat pancakes • Asian-style watermelon salad • Juicy Lucy pudding • Gluten-free blondies • Protein balls