

AUTUMN		SPRING		SUMMER	
<p>My Mindset</p> <ul style="list-style-type: none"> • 'Fixed' and 'Growth' mindsets. • Identifying the traits of the two mindsets • What mindset do I have? 	<p>Friendships + Making Choices</p> <ul style="list-style-type: none"> • To understand the role of conflict in friendships. • To identify the different Levels of friendship. • To explore the qualities we look for in friends. • To think about when we act on impulse. • Analysing my needs VS my wants. 	<p>My Anger</p> <ul style="list-style-type: none"> • Identifying my anger style. • Discussing the importance of feelings. • My emotions. • Anger – what do you do? 	<p>My interactions / my responsibilities</p> <ul style="list-style-type: none"> • What are my responsibilities? • Why do we have rules? • The importance of rules. 	<p>My Beliefs</p> <ul style="list-style-type: none"> • Are humans more important than animals? • What is animal welfare? • How do I feel about the death penalty? 	<p>My Next Steps</p> <ul style="list-style-type: none"> • Choosing new directions. • Picture autobiography. • Learning from mistakes