

NRC KEY STAGE 3 – LIFESKILLS CURRICULUM OVERVIEW

Term	Units	Content
<p>Autumn 1</p>	<p>Introduction to life skills</p>	<ul style="list-style-type: none"> ▪ This is Life skills ▪ This is me ▪ What’s school all about ▪ Family and friends ▪ Coping with feelings ▪ Right and wrong ▪ Teasing and Bullying ▪ Body changes ▪ Personal hygiene ▪ Influences ▪ Healthy eating ▪ Exercise and rest ▪ Smoking ▪ Alcohol
<p>Autumn 2</p>	<p>Money</p>	<ul style="list-style-type: none"> ▪ Intro to money ▪ Pocket money ▪ Young consumer ▪ Giving to charity ▪ Value for money ▪ Budgeting ▪ Saving and borrowing ▪ Fair trade
<p>Spring 1</p>	<p>My City, My World, My Country</p>	<ul style="list-style-type: none"> ▪ My city ▪ My world ▪ Human rights ▪ My finances ▪ My country ▪ Refugees ▪ Poverty in London ▪ How we pass new laws ▪ Racism ▪ Alcohol

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<p style="text-align: center;">Spring 2</p>	<p style="text-align: center;">My City, My World, My Country</p>	<ul style="list-style-type: none"> ▪ Privacy ▪ How government spend our money ▪ Voting ▪ Relationships between different groups ▪ How our city has changed over time ▪ Child soldiers ▪ Whether or not prisoners should get the right to vote
<p style="text-align: center;">Summer 1</p>	<p style="text-align: center;">Enterprise</p>	<ul style="list-style-type: none"> ▪ Exploring the term enterprise ▪ What makes a good team member ▪ Logos ▪ Presentations ▪ Testing hypothesis ▪ Market research ▪ Product design ▪ Packaging ▪ The marketing mix
<p style="text-align: center;">Summer 2</p>	<p style="text-align: center;">Preparation for working life</p>	<ul style="list-style-type: none"> ▪ How jobs are advertised ▪ Job applications ▪ Curriculum Vitae ▪ Interviews ▪ Physical, social, emotional and intellectual awareness ▪ What is a healthy lifestyle ▪ First aid ▪ Risk to health ▪ Discrimination in the workplace ▪ Unemployment ▪ Payment ▪ Payslip ▪ Debt/saving ▪ Employee protection ▪ Hazards