



NRC SECONDARY LOUGH ROAD: TIMETABLE 2015-16

Structure of the school day:

REGISTRATION	8.55 - 9.00
LESSON 1	9.00 - 9.45
LESSON 2	9.45 - 10.30
BREAK	10.30 - 10.45
LESSON 3	10.45 - 11.30
LESSON 4	11.30 - 12.15
LUNCH	12.15 - 13.00
REGISTRATION	13.00 - 13.10
LESSON 5	13.10 - 13.50
LESSON 6	13.50 - 14.30

CLASS TIMETABLES:

A		LESSON 1	LESSON 2		LESSON 3	LESSON 4			LESSON 5	LESSON 6
MONDAY	REGISTRATION	Food (RR) FT	Food (RR) FT	B	PE (GJ) Hall	Art (CB) Art	L U N C H	REGISTRATION	Science (SK) 7	English (JH) 6
TUESDAY		Maths (FB) 7	Music (RF) Mu	R	PE (GJ) Hall	Art (KB) 10			Science (SK) Lab	Media (AG) 9
WEDNESDAY		Maths (FB) 7	English (FBR) 11	E	PE (GMC) Hall	Art (KB) 10			Science (SK) Lab	PSHE (BD) 12
THURSDAY		Maths (FB) 7	Music (RF) Mu	A	PE (GMC) Hall	Music (RF) Mu			Media (AG) 9	English (JH) 6
FRIDAY		Maths (FB) 7	English (JH) 6	K	PE (GMC) Hall	Art (CB) Art			ENRICHMENT	

B		LESSON 1	LESSON 2		LESSON 3	LESSON 4			LESSON 5	LESSON 6
MONDAY	REGISTRATION	Maths (GA) 12	English (FBR) 11	B	Science (SK) 7	PE (GJ) Hall	L U N C H	REGISTRATION	Food (RR) FT	Food (RR) FT
TUESDAY		Maths (GA) 12	Science (SK) Lab	R	Art (KB) 10	PE (GMC) Hall			Music (RF) Mu	English (JH) 6
WEDNESDAY		Maths (GA) 12	Art (KB) 10	E	Media (AG) 9	PE (GJ) Hall			Art (KB) 10	Science (SK) Lab
THURSDAY		Maths (GA) 12	English (JH) 6	A	Music (RF) Mu	PE (GMC) Hall			Art (KB) 10	PSHE (BD) 10
FRIDAY		English (JH) 6	Music (RF) Mu	K	Media (AG) 9	PE (GMC) Hall			ENRICHMENT	

C		LESSON 1	LESSON 2		LESSON 3	LESSON 4			LESSON 5	LESSON 6
MONDAY	REGISTRATION	Maths (GA) 12	English (FBR) 11	B	Science (SK) 7	PE (GJ) Hall	L	REGISTRATION	Food (RR) FT	Food (RR) FT
TUESDAY		Maths (GA) 12	Science (SK) Lab	R	Art (KB) 10	PE (GMC) Hall	U		Music (RF) Mu	English (JH) 6
WEDNESDAY		Maths (GA) 12	Art (KB) 10	E	Media (AG) 9	PE (GJ) Hall	N		Art (KB) 10	Science (SK) Lab
THURSDAY		Maths (GA) 12	English (JH) 6	A	Music (RF) Mu	PE (GMC) Hall	C		Art (KB) 10	PSHE (BD) 10
FRIDAY		English (JH) 6	Music (RF) Mu	K	Media (AG) 9	PE (GMC) Hall	H		ENRICHMENT	

Aspire		LESSON 1	LESSON 2		LESSON 3	LESSON 4			LESSON 5	LESSON 6
MONDAY	REGISTRATION	Science (SK) 7	PSHE (JH) 6	B	Art (CB) Art	PE (GJ) Hall	L	REGISTRATION	English (JH) 6	Maths (GA) 12
TUESDAY		Music (RF) Mu	Art (CB) Art	R	Science (SK) Lab	PE (GMC) Hall	U		English (JH) 6	Maths (FB) 7
WEDNESDAY		Science (SK) Lab	PE (GMC) Hall	E	Food (RR) FT	Food (RR) FT	N		English (JH) 6	Maths (FB) 7
THURSDAY		Music (RF) Mu	PSHE (BD) 6	A	Art (KB) 10	PE (GMC) Hall	C		English (JH) 6	Maths (GA) 12
FRIDAY		Music (RF) Mu	Media (AG) 9	K	Art (KB) 10	PE (GMC) Hall	H		ENRICHMENT	

10A		LESSON 1	LESSON 2		LESSON 3	LESSON 4			LESSON 5	LESSON 6
MONDAY	REGISTRATION	PE (GJ) 5	PE (GJ) Hall	B	English (FBR) 11	Science (AT) Lab	L	REGISTRATION	Maths (GA) 12	Art (CB) Art
TUESDAY		Food (HB) FT	Food (HB) FT	R	English (FBR) 11	Art (CB) Art	U		Maths (GA) 12	PE (GJ) 5
WEDNESDAY		Science (AT) Mu	Art (CB) Art	E	English (FBR) 11	Food (HB) 5	N		Maths (GA) 12	PE (GJ) Hall
THURSDAY		Science (AT) Lab	Media (AG) 9	A	English (FBR) 11	PSHE (BD) 5	C		Maths (GA) 12	Media (AG) 9
FRIDAY		Art (CB) Art	Science (AT) Lab	K	English (FBR) 11	Media (AG) 9	H		ENRICHMENT	

10B		LESSON 1	LESSON 2		LESSON 3	LESSON 4			LESSON 5	LESSON 6
MONDAY	REGISTRATION	Art (KB) 10	PSHE (BD) 7	B	Maths (GA) 12	English (JH) 6	L	REGISTRATION	Media (AG) 9	PE (GJ) 5
TUESDAY		PE (GJ) 5	PE (GJ) Hall	R	Maths (GA) 12	English (JH) 6	U		Art (KB) 10	Science (AT) Lab
WEDNESDAY		Media (AG) 9	English (JH) 6	E	Maths (GA) 12	English (JH) 6	N		PE (GJ) Hall	Science (AT) Mu
THURSDAY		Media (AG) 9	Art (KB) 10	A	Maths (GA) 12	Food (RR) FT	C		English (FBR) 11	Science (AT) Lab
FRIDAY		Food (RR) FT	Food (RR) FT	K	Science (AT) Lab	Art (KB) 10	H		ENRICHMENT	

10C		LESSON 1	LESSON 2		LESSON 3	LESSON 4			LESSON 5	LESSON 6
MONDAY	REGISTRATION	PE (GMC) Hall	PE (GMC) 5	B R E A K	Science (AT) Lab	Media (AG) 9	L U N C H	REGISTRATION	Art (CB) Art	English (FBR) 11
TUESDAY		Media (AG) 9	PE (GMC) 5		Science (AT) 7	Maths (FB) 7			English (FBR) 11	Art (CB) Art
WEDNESDAY		PE (GMC) Hall	Media (AG) 9		Food (HB) 5	Maths (FB) 7			Art (CB) Art	English (FBR) 11
THURSDAY		Food (RR) FT	Food (RR) FT		Science (AT) Lab	Maths (FB) 7			PSHE (BD) Mu	English (FBR) 11
FRIDAY		Science (AT) Lab	English (FBR) 11		Art (CB) Art	Maths (FB) 7			ENRICHMENT	

11A		LESSON 1	LESSON 2		LESSON 3	LESSON 4			LESSON 5	LESSON 6
MONDAY	REGISTRATION	Science (AT) Lab	Media (AG) 9	B R E A K	PE (GMC) 5	English (FBR) 11	L U N C H	REGISTRATION	Art (KB) 10	PE (GMC) Hall
TUESDAY		Science (AT) Lab	Media (AG) 10		Food (HB) FT	English (FBR) 11			Maths (FB) 7	Art (KB) 10
WEDNESDAY		Food (HB) FT	Food (HB) FT		Science (AT) Lab	Media (AG) 9			English (FBR) 11	Art (KB) 10
THURSDAY		PE (GMC) 5	PE (GMC) 5		Maths (FB) 7	English (FBR) 11			Science (AT) Lab	Maths (FB) 7
FRIDAY		Art (KB) 10	PSHE (BD) 12		Maths (FB) 7	English (FBR) 11			ENRICHMENT	

11B		LESSON 1	LESSON 2		LESSON 3	LESSON 4			LESSON 5	LESSON 6
MONDAY	REGISTRATION	Media (AG) 9	Art (KB) 10	B	English (JH) 6	PSHE (BD) 5	L U N C H	REGISTRATION	Science (AT) Lab	Art (KB) 10
TUESDAY		PE (GMC) Hall	Maths (FB) 7	R	English (JH) 6	Media (AG) 9			Science (AT) 5	Food (HB) FT
WEDNESDAY		Art (KB) 10	Maths (FB) 7	E	English (JH) 6	Science (AT) Mu			PE (GMC) 5	PE (GMC) 5
THURSDAY		Art (KB) 10	Maths (FB) 7	A	English (JH) 6	Media (AG) 9			Food (RR) FT	Food (RR) FT
FRIDAY		PE (GMC) 5	Maths (FB) 7	K	English (JH) 6	Science (AT) Lab			ENRICHMENT	

11C		LESSON 1	LESSON 2		LESSON 3	LESSON 4			LESSON 5	LESSON 6
MONDAY	REGISTRATION	English (FBR) 11	Art (CB) Art	B	Media (AG) 9	Maths (GA) 12	L U N C H	REGISTRATION	PE (GJ) 5	Science (AT) Lab
TUESDAY		English (FBR) 11	Science (AT) 6	R	Art (CB) Art	Maths (GA) 12			Media (AG) 9	PE (GMC) Hall
WEDNESDAY		English (FBR) 11	Science (AT) Lab	E	Art (CB) Art	Maths (GA) 12			Food (HB) 7	Media (AG) 9
THURSDAY		English (FBR) 11	Science (AT) Lab	A	PSHE (BD) 5	Maths (GA) 12			PE (GMC) 5	PE (GMC) 5
FRIDAY		English (FBR) 11	Art (CB) Art	K	Food (RR) FT	Food (RR) FT			ENRICHMENT	